



SISAF - 2º Simpósio Internacional de Saúde e
Aptidão Física de Agentes de Segurança Pública

EDITORIAL OF THE II INTERNATIONAL SYMPOSIUM ON HEALTH AND PHYSICAL FITNESS OF PUBLIC SAFETY WORKERS



It is a great joy to join the organizers of this symposium and to welcome you to the **II INTERNATIONAL SYMPOSIUM ON HEALTH AND PHYSICAL FITNESS OF PUBLIC SAFETY WORKERS (SISAF)**. This event will follow the incredibly successful first SISAF and will be filled with the most recent scientific information and the opportunity to interact with colleagues from different disciplines and countries.

I offer my warm congratulations to the event organizer, Dr. Luiz Guilherme Porto for bringing together highly respected experts to address the important challenges facing public safety workers. World renowned speakers such as Dr. Victor Matsudo, will help all attendees understand the importance of physical activity for public safety workers. Several prominent researchers, will discuss the challenges with improving cardiovascular health. Other critical topics, such as the use of new technologies to improve performance and enhance health, the central role of mental health, the need for appropriate occupational health examinations, and training to address job specific skills will also be addressed by leading professionals in the field. We all come together with a shared respect for public safety workers and common desire to help support their essential work. I am especially grateful for this opportunity to learn from other researchers who have committed a great deal of energy to advance the field of public safety research. This conference will definitely be an enjoyable time filled with interactions among researchers, educators, and public safety personnel. But, it will also advance scientific understanding, provide an opportunity for professional sharing, and will ultimately serve the public safety community we all so deeply respect.

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