



PRELIMINARY PROGRAM

II INTERNATIONAL SYMPOSIUM ON HEALTH AND PHYSICAL FITNESS OF PUBLIC SAFETY WORKERS

Thursday, March 21th, 2019

08:30 – 12:00	
08:30 - 09:10 Magna Lecture 6	- Top 10 research questions related to ambulatory monitoring with wearable technologies Prof. Dr. Catrine Tudor-Locke - University of Massachusetts, Amherst - USA
09:15 - 09:45 Lecture 4	- Development of the standardized physical abilities test for the admission of police cadets in Quebec – Canadá Prof. Dr. Claude Lajoie - Université du Québec à Trois-Rivières - Canadá
09:45 – 10:00 – Interval	
10:00 - 11:00 Panel Discussion 2	Theme: Physical fitness, health and professional performance of police officers - Physical training in military police training course Prof. MSc. Lt. Col. Wélere Barbosa – Military Police of the State of Tocantins - PMTO - Law enforced duties and sudden cardiac death among police officer – via Video Prof. Dr. Maria Korre - Skidmore College - USA - Career management: Combining health and work Prof. Dr. Paulo Henrique Azevêdo – Faculty of Physical Education – University of Brasilia - UnB
11:05 – 11:45 Magna Lecture 7	- Validity of wearable devices to evaluate physiological response during fire fighting activities Prof. Dr. Patricia Fehling – Skidmore College - USA
12:00 – 14:00 – Lunch	

14:00 - 14:45 Panel discussion 3	<p>Theme: GEAFS Human Resource Formation: Research Projects in Epidemiology and Cardiovascular Physiology applied to Public Safety</p> <ul style="list-style-type: none"> - Assessment of physical activity in wildland firefighters <p>Prof. MSc. Daniel Saint Martin - PhD Student – Faculty of Physical Education – University of Brasilia - UnB</p> <ul style="list-style-type: none"> - Exercise prescription in a Public Safety context. <p>Prof. MSc. Carlos Janssen - PhD Student – Faculty of Physical Education – University of Brasilia – UnB; UniEURO</p> <p>Prof. MSc. Giliard Garcia - PhD Student – Faculty of Physical Education – University of Brasilia – UnB; UniCEUB</p>
14:50 – 15:30 Panel discussion 4	<p>Theme: The role of medical screening on occupational health</p> <ul style="list-style-type: none"> - Endocrine disorders that occur with muscle weakness, fatigue and despondency: Scenarios to avoid in public safety professionals <p>Prof. Dr. Adriana Lofrano Porto – Faculty of Health Sciences – University of Brasilia - UnB</p> <ul style="list-style-type: none"> - The importance of the periodic health exam in the context of occupational health <p>Lt. Col. Dr. Neuton Dornelas - Federal District Military Firefighter Department – CBMDF</p>
15:30 – 15:45 – Interval	
15:45 - 16:25 Panel discussion 5	<p>Theme: Oral health and hypertension on cardiovascular risk assessment</p> <ul style="list-style-type: none"> - Oral health and cardiovascular risk in public safety agents <p>Prof. Dr. Maximiliano Schunke Gomes – Military Police of the State of Rio Grande do Sul – PMRS; PUCRS</p> <ul style="list-style-type: none"> - Hypertension and cardiovascular risk in public safety agents <p>Prof. Dr. Lauro Casqueiro Vianna - Faculty of Physical Education – University of Brasilia – UnB</p>
16:30 – 17:00 Lecture 5	<ul style="list-style-type: none"> - Sleep quality and its implications for health and quality of life <p>Prof. Dr. Marco Tulio de Mello – Federal University of Minas Gerais – UFMG</p>
17:05 – 17:45 Panel Discussion 6	<p>Theme: The role of physical fitness assessment on health promotion and job-related performance</p> <ul style="list-style-type: none"> - The Physical Fitness Test (TAF) experience in the Federal District Military Firefighter Department - CBMDF <p>Lt. Col. Luciano Antunes Paz - Federal District Military Firefighter Department - CBMDF</p> <ul style="list-style-type: none"> - The construction of the CBMDF Physical Training Center: from the dream to a health promoting reality <p>Col QOBM/Comb Rosenkranz Maciel Nogueira - Federal District Military Firefighter Department - CBMDF</p>